

Clinical Policy: Arizona Clinical Practice Guidelines and Resources

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Description

This policy addresses clinical practice guidelines and resources in order to support physicians and other clinical providers in the assessment, diagnosis and treatment of Medicaid members.

Policy/Criteria

It is the policy of Arizona Complete Health[®] to provide the following Medicaid clinical practice guidelines and resources:

- Based on valid and reliable clinical evidence or a consensus of health care professionals in that field;
- Selected with consideration of the needs of Medicaid members;
- Adopted in consultation with providers;
- Based on National Practice Standards and;
- Developed by health care professionals and based on a review of peer-reviewed articles published in the United States when national practice guidelines are not available.

Arizona Complete Health[®] Clinical Practice Guidelines support clinical decision-making. As an Integrated Plan Medicaid Guidelines support both Behavior Health Care and Physical Health Care. Primary care physicians, specialists, Behavioral Health providers and other health care providers are expected to collaborate with their patient and/or the patient's surrogate to develop and implement treatment plans that are individualized to meet the specific needs of each patient. When this collaboration results in a deviation from the guideline given the unique clinical situation, that change should be clearly substantiated in the medical record.

The Clinical Practice Guidelines are endorsed or developed with designated, desired outcomes and associated, standardized measures of effectiveness.

The Clinical Practice Guidelines are disseminated to all affected providers and are available to all providers, members, potential members and affiliated allied health professionals upon request.

Clinical practice guidelines may include treatment that requires prior authorization and/or is not covered by a member's Medicaid's benefit structure. Please refer to the Medicaid Prior Authorization Tool on the Medicaid website.

Clinical Practice Guidelines Endorsed by Medicaid:

PHYSICAL HEALTH GUIDELINES

To view or print any of the Medicaid endorsed clinical practice guidelines, select the corresponding link below:

- AIDS / HIV
 - www.aidsinfo.nih.gov
- Antithrombotic Therapy and Prevention of Thrombosis
 - <http://journal.publications.chestnet.org/article.aspx?articleid=1159399>
- Arizona Opioid Prescribing Guidelines
 - <http://www.azcjc.gov/ACJC.Web/Rx/opioid-prescribing-guidelines.pdf>
 - <http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>
- Asthma, Diagnosis and Management
 - <http://www.health.ny.gov/publications/4750.pdf>
 - <http://www.guideline.gov/content.aspx?id=38255>
- Atrial Fibrillation
 - <http://circ.ahajournals.org/content/early/2014/04/10/CIR.0000000000000041>
- Beers Criteria for Potentially Inappropriate Medication Use in Older Adults
 - <http://onlinelibrary.wiley.com/doi/10.1111/jgs.13702/full>
- Cancer Care Guidelines (free, but requires provider registration) - National Comprehensive Cancer Network
 - www.nccn.org
- Choosing Wisely Campaign
 - <http://choosingwisely.org>
- Chronic Pain
 - <https://www.cdc.gov/drugoverdose/prescribing/guideline.html>
 - <http://www.azdhs.gov/documents/audiences/clinicians/clinical-guidelines-recommendations/prescribing-guidelines/az-opioid-prescribing-guidelines.pdf>
- Congestive Heart Failure
 - <http://circ.ahajournals.org/content/128/16/e240.full.pdf>
- Controlled drugs
 - <https://www.guideline.gov/summaries/summary/50153/cdc-guideline-for-prescribing-opioids-for-chronic-pain---united-states-2016>

- COPD
 - <https://www.guideline.gov/summaries/summary/50139/screening-for-chronic-obstructive-pulmonary-disease-us-preventive-services-task-force-recommendation-statement>
- Diabetes
 - <https://www.guideline.gov/summaries/summary/49530/diabetes-type-1-and-type-2-in-children-and-young-people-diagnosis-and-management>
 - <https://www.guideline.gov/summaries/summary/49529/type-1-diabetes-in-adults-diagnosis-and-management>
- Elder Abuse and Neglect Screening and Resources
 - <http://ncea.aoa.gov>
- Falls in Older adults
 - http://www.americangeriatrics.org/health_care_professionals/clinical_practice/clinical_guidelines_recommendations/prevention_of_falls_summary_of_recommendations
- Hepatitis B
 - <https://www.guideline.gov/summaries/summary/50072/guidelines-for-the-prevention-care-and-treatment-of-persons-with-chronic-hepatitis-b-infection>
- Hospital Acquired Infections and Antibiotic Resistance
 - <http://azdhs.gov/phs/oids/hai/>
- Hypertension/JNC-8 Guidelines
 - <http://jnc8.jamanetwork.com>
 - <https://www.guideline.gov/summaries/summary/49877/screening-for-high-blood-pressure-in-adults-us-preventive-services-task-force-recommendation-statement>
- Immunization Guidelines and Schedules/EPSTD and Adult
 - <http://www.cdc.gov/vaccines/schedules/index.html>
- March of Dimes Premature Prevention Resources
 - <http://www.marchofdimes.com/professionals/less-than-39-weeks-toolkit.aspx>
- Mycobacterium Tuberculosis
 - <http://www.cdc.gov/tb/>
- Myocardial Infarction, Management of Patients with ST-Elevation
 - <http://circ.ahajournals.org/content/early/2012/12/17/CIR.0b013e3182742cf6.full.pdf>
- Non-ST Elevation Acute Coronary Syndromes

- <http://circ.ahajournals.org/content/early/2014/09/22/CIR.000000000000133>
- Obesity in Adults
 - <http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/obesity-evidence-review>
- Overweight and Obesity in Adults, Identification, Evaluation and Treatment
 - <https://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee>
 - <https://www.guideline.gov/summaries/summary/49013/recommendations-for-prevention-of-weight-gain-and-use-of-behavioural-and-pharmacological-interventions-to-manage-overweight-and-obesity-in-adults-in-primary-care>
- Patient-Centered Care for Older Adults with Multiple Chronic Conditions
 - <http://www.americangeriatrics.org/files/documents/MCC.stepwise.approach.pdf>
- Pediatric Overweight and Obesity, Prevention and Reduction
 - <http://ihcw.aap.org/Pages/default.aspx>
- Pediatric Preventive Health Care Guidelines
 - <http://pediatrics.aappublications.org/content/133/3/568.full.pdf>
- Preventive Services Recommendations for Adults
 - <http://www.uspreventiveservicestaskforce.org/Page/Name/tools-and-resources-for-better-preventive-care>
- Screening for Functional Deficits in Older Adults
 - <http://www.clinicaladvisor.com/screening-for-functional-deficits-in-olderadults/article/211565/>
- Sleep Apnea
 - <https://www.guideline.gov/summaries/summary/50336/1-the-treatment-of-central-sleep-apnea-syndromes-in-adults-practice-parameters-with-an-evidencebased-literature-review-and-metaanalyses-2-updated-adaptive-servoventilation-recommendations-for-the-2012-aasm-guideline-the-treatment-of-central-sleep-apnea-syndrome>
- Tobacco Cessation
 - <http://www.ashline.org>
 - <http://azdhs.gov/tobaccofreeaz>
 - <http://azdhs.gov/prevention/tobacco-chronic-disease/tobacco-free-az/index.php>
- Unstable Angina/Non-ST Elevation MI Guidelines
 - <http://circ.ahajournals.org/content/126/7/875>

Behavioral Health Guidelines

Arizona Department of Health Services, Division of Behavioral Health Services

- <http://www.azdhs.gov/bhs/guidance/>
 - Assessment and Treatment of Substance Abuse Disorders in Children, Adolescents and Adults
 - Assessing Suicide Risk
 - Buprenorphine Guidance Protocol
 - Co-Occurring Psychiatric and Substance Abuse Disorders
 - Neuropsychological Evaluations
 - Older Adults: Behavioral Health Prevention, Early Intervention and Treatment
 - Pervasive Developmental Disorders and Developmental Disabilities
 - Psychiatric Best Practice Guidelines for Children: Birth to Five Years of Age

Children and Adolescent Psychiatry

- Attention Deficit/Hyperactivity Disorder
 - <http://pediatrics.aappublications.org/content/128/5/1007>
- Autism
 - [http://www.jaacap.com/article/S0890-8567\(13\)00819-8/pdf](http://www.jaacap.com/article/S0890-8567(13)00819-8/pdf)
- Eating Disorders in Children and Adolescents
 - <http://www.jaacap.com/article/S0890-8567%2815%2900070-2/pdf>
- Gay, Lesbian and Bisexual Sexual Orientation, Gender Nonconformity and Gender Discordance in Children and Adolescents:
 - [http://www.jaacap.com/article/S0890-8567\(12\)00500-X/pdf](http://www.jaacap.com/article/S0890-8567(12)00500-X/pdf)
- Obsessive-Compulsive Disorder in Children and Adolescents
 - [http://www.jaacap.com/article/S0890-8567\(11\)00882-3/pdf](http://www.jaacap.com/article/S0890-8567(11)00882-3/pdf)

Adult Psychiatry

- Psychiatric Evaluation of Adults
 - [Practice Guideline \(June 2006\)](#)
 - [Quick Reference Guide](#)
- Acute Stress Disorder and Posttraumatic Stress Disorder
 - [Practice Guideline \(November 2004\)](#)
 - <http://www.healthquality.va.gov/guidelines/MH/ptsd/cpgPTSDFULL201011612c.pdf>
 - [Guideline Watch \(March 2009\)](#)
 - <http://www.healthquality.va.gov/guidelines/MH/ptsd/PTSDPocketGuide23May2013v1.pdf>

- [Quick Reference Guide](#)
- Alzheimer's Disease and Other Dementias
 - [Practice Guideline \(October 2007\)](#)
 - [Guideline Watch \(October 2014\)](#)
 - [Quick Reference Guide](#)
- Bipolar Disorder
 - [Practice Guideline \(April 2002\)](#)
 - [Guideline Watch \(November 2005\)](#)
 - [Quick Reference Guide](#)
- Borderline Personality Disorder
 - [Practice Guideline \(October 2001\)](#)
 - [Guideline Watch \(March 2005\)](#)
 - [Quick Reference Guide](#)
- Delirium
 - [Practice Guideline \(May 1999\)](#)
 - [Guideline Watch \(August 2004\)](#)
 - [Quick Reference Guide](#)
- Eating Disorders
 - [Practice Guideline \(May 2006\)](#)
 - [Guideline Watch \(August 2012\)](#)
 - [Quick Reference Guide](#)
- HIV/AIDS
 - [Practice Guideline \(November 2000\)](#)
 - [Guideline Watch \(April 2006\)](#)
 - [Quick Reference Guide](#)
- Major Depressive Disorder
 - [Practice Guideline \(November 2010\)](#)
 - [Quick Reference Guide](#)
- Obsessive-Compulsive Disorder
 - [Practice Guideline \(July 2007\)](#)
 - [Guideline Watch \(March 2013\)](#)
 - [Quick Reference Guide](#)
- Panic Disorder
 - [Practice Guideline \(January 2009\)](#)
 - [Quick Reference Guide](#)

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- Schizophrenia
 - [Practice Guideline \(April 2004\)](#)
 - [Guideline Watch \(September 2009\)](#)
 - [Quick Reference Guide](#)

- Substance Use Disorders
 - [Practice Guideline \(May 2006\)](#)
 - [Guideline Watch \(April 2007\)](#)
 - [Quick Reference Guide](#)

- Suicidal Behaviors
 - [Practice Guideline \(November 2003\)](#)
 - [Quick Reference Guide](#)

- Diagnosis and Treatment of Depression in Adults
 - <https://www.icsi.org/asset/fnhdm3/Depr-Interactive0512b.pdf>

Review and Revision Log	Approval Date
Policy updated for AzCH	09/06/2018